Journey Stick

A journey stick is like a map, plotting interesting things found on a walk or journey in chronological order.

You will need: a stick, a length of string and objects from your walk.

1. Find a stick which is about the length of your arm.

2. Knot the string onto the end of the stick. Wrap it round several times making sure it is secure.

3. Collect objects (feathers, leaves, sticks, fir cones, etc). Attach them to the stick in the order you find them.

4. When your journey stick is completed, you should be able to recall your walk using the objects as a prompt.

Take a photo of your journey stick and send it to us via twitter: @OxfordPresTrust or facebook: www.facebook.com/ oxprestrust/ Using #OPTJourneyStick

Self-guided walks

A walk from Seacourt Park and Ride to Grandpont

This circular walk is approximately 5 miles and takes around two hours at a steady pace.

Parking: Park at the Seacourt Park and Ride car park on Botley Road. (OX2 0HP)

By Bus: the Park and Ride 400 bus, No 4 from Castle Street and Brookes buses to Harcourt Hill Campus will stop near the Park and Ride.

Note: This walk crosses the flood meadows which at times will be wet and occasionally are flooded.

Share your experience:
Twitter:@OxfordPresTrust or Facebook
1. Leave Seacourt Park and Ride car park and turn right onto Botley Road. Cross over the road and take the footpath on the left about 50 metres on, through the gate marked Seacourt Nature Park.

2. Follow the path which runs parallel to the Seacourt Stream and follows the line of the pylons. When the line of pylons turns away to the left, continue straight on into Hinksey Meadow.

3. Follow the path with the line of trees on your right. Leave the field at a kissing gate and footbridge onto Willow Walk. Turn right and cross the old stone bridge over the Seacourt Stream.

4. At the end of Willow Walk, go left along North Hinksey Lane and bear left opposite St Lawrence Church, following the lane down to The Fishes pub.

5. Continue past The Fishes and the next field before turning left over a stile. Walk straight ahead over a bridge with stiles crossing the Hinksey Stream.

6. The path then turns diagonally right towards a lone of pylons and a gap in the hedge where there is a footbridge over Hogacre Ditch. Continue with the hedge and stream on your left until you reach the old electricity service track.

7. Turn right and follow the track for about one mile. Near the end of the track you may glimpse the spires of Oxford through the trees.

8. Pass through a metal gate, turn left onto the Devil’s Backbone (a slightly raised path). Cross a railway bridge and then a bridge over Hinksey Lake.

9. Turn immediately left when you have crossed the lake and go through a kissing gate leading to the lake shore. Continue to follow the lake shore, turn right between the boating pond and the tennis courts and leave the park through the metal kissing gate.

10. Bear left, cross a wooden bridge and left again into open ground. Follow the left edge of the field near the stream. Follow the path over a ditch and through some vegetation, follow the path through Grandpont Nature Park keeping the railway on your left.

11. Continue until you reach the Thames Path. Bear left and follow the Thames path upstream until you come to Osney Lock. After the lock, walk down to the end of South Street, turn right into West Street.

12. About 100 metres along turn left into Swan Street. Cross the bridge at the end of Swan Street and follow the footpath around a school playground onto Ferry Hinksey Road. Turn left towards the Osney Mead Industrial Estate and at a small roundabout turn right onto a tarmac track.

13. Back on Willow walk, turn right immediately through a kissing gate into Hinksey Meadow, follow the path back to the path you started on.