

# Get to know East Oxford's green spaces!

All routes shown lead from East Oxford Health Centre in Manzil Way, off Cowley Road, and connect to the area's publicly accessible green spaces.

Please use your own judgment about where and when you feel safe to walk.

## Headington Hill Park

Once a Victorian arboretum, Headington Hill Park has a stunning collection of rare trees from across the world, among them a Butternut, a Black Birch and a Golden Rain Tree. Visit [friendsofheadingtonhillpark.org.uk](http://friendsofheadingtonhillpark.org.uk) for a complete list. There is also an impressive circuit of outdoor gym equipment.

## South Park

The largest park within Oxford City limits, South Park is East Oxford's green breathing space, with gym equipment, a playground and magnificent views of the dreaming spires. From here you can see right across the city to the hills beyond.

## Aston's Eyot and The Kidneys

Located close to the River Thames. Here you can spot birds such as green woodpeckers and sparrowhawks. More information on routes and wildlife can be found [here](#).

## Cowley Marsh Recreation Ground

Features outdoor gym equipment and sports facilities.

## Boundary Brook Nature Park

An urban wildlife area with mixed woodland, grassland, a pond and a butterfly glade. The nature park is home to hedgehogs, bees and bats. Though not publicly accessible the park runs many activities and the space can be visited by arrangement. See Oxford Urban Wildlife Group's [website](#) for more information.

## Warneford Meadow

A peaceful grassland home to butterflies, badgers and birds such as owls, skylarks and meadow pipits. The meadow is a Town Green, managed for the community by Oxford Health NHS Foundation Trust.

## Barracks Lane Community Garden

A neighbourhood centre for gardening and nature activities. Information on how to access the garden can be found [here](#).

## Angel and Greyhound Meadow

Located on the River Cherwell, and visible from Magdalen Bridge, this is a beautiful open green area with playground equipment. The meadow is flooded for parts of the year but can be reached from Bath Street.

## Florence Park

Enjoy a lofty green avenue of mature trees, the delights of Flo's family-friendly café, children's play areas, tennis courts and mini-golf.

We'd love to hear how your walk went. Let us know on [info@sustainablehealthcare.org.uk](mailto:info@sustainablehealthcare.org.uk)

