

## Get to know Blackbird Leys' green spaces!

Our Blackbird Leys' Green Health Routes run from near the Leys Health Centre to the area's parks, with an additional route that loops around Blackbird Leys Park.

**Please use your own judgment about where and when you feel safe to walk.**

### Spindleberry Nature Park

A lovely nature park with grassland, woodland and wetland. Here you can spot spindleberry plants, kingfisher and muntjac deer.

### Fry's Hill Park

Enjoy outdoor gym equipment, a children's playground and nice walking routes.

### Gillian's Park

Gillian's Park is a nice open green space that also offers outdoor gym equipment and a playground.

### Blackbird Leys Park

A beautiful park with a tree-lined brook and plenty to do. Here you can go on a walk, play football, bowls or table tennis and enjoy the local wildlife. More information on bookings [here](#).

We'd love to hear how your walk went. Let us know on [info@sustainablehealthcare.org.uk](mailto:info@sustainablehealthcare.org.uk)

