




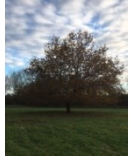







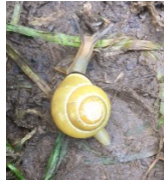


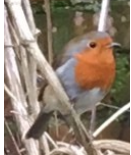





Countryside Challenge

Collect a **point** for each item you can find during a **walk** in the countryside? **Have a competition** with the other people who are walking with you – who gets the **most**? Or **least**?

			
Animal Tracks	Berries	Fungi	An OPT Sign
			
Dew	A tree	A red leaf	Moss
			
A feather	Water	A mole hill	A human footprint
			
A glossy leaf	An animal	A gate	A footpath sign
			
A bird	Rough bark	A long leaf	An insect

Self-guided walks

OXFORD
PRESERVATION
TRUST

Exploring Marston Hamm

This circular walk is approximately 1.2 miles and takes around ½ hour at a steady pace.



This circular walk starts and ends at the Victoria Arms Pub, Mill Lane, Marston, Oxford OX3 0PZ

Share your experience:

Twitter: @OxfordPresTrust

Facebook: OxPresTrust

Instagram: oxfordprestrust

OPT has named this property Marston Hamm as 'hamm' is the Anglo Saxon term for an 'enclosure within the bend of a river'.

1. Leave the Victoria Arms car park into the garden and turn right towards a kissing gate. Go through the kissing gate and enter the field. **On your left is Almond's Farm Bank, managed for the rare wildflowers that can be found growing on this bank towards the River Cherwell.**

2. After approximately 150m, bear left down the slope towards an open gateway into the river meadow field. **These fields are part of the River Cherwell floodplain meadows. Throughout the spring and early summer, they are awash with wildflowers and waving grasses.**

3. Walk around the field, alongside the River Cherwell, noticing the many and varied flora and fauna. Walk through the gate into OPT fields. **All these fields are floodplain meadows and are regularly flooded in the winter months, depositing silt and nutrients into the ground.**

4. Continue along the riverside towards another gateway. Walk through the gateway into the next field. **A variety of insects can be found within the long grasses. Listen out for the crickets and grasshoppers.**

5. Continue through another gateway and you will notice the OPT punt stop on your left (this is an ideal spot for a picnic!). Keep the fence line on your right and walk through the field towards another gateway. Continue through this gateway and bear right towards the final gate.

6. Walk through the gateway and immediately turn right, walking over the stile onto the footpath. Continue along the footpath taking in the glorious views across the meadows towards the river. **Look out for birds within the hedgerows and on the meadows.**

7. Stick to the path, walking through a kissing gates and through a wooded area. Bear right continuing around the field edge. **There are often horses in this field and butterflies to spot.**

8. Go through a kissing gate and across a footbridge back into the original field. Follow the path along the top of the bank and back towards the Victoria Arms. **A selection of wildflowers, insects and grasses can be seen throughout this field.**

